



7th Grade Science Camp Pali Institute



Luiseno School Science Camp Important Information

Departure and Arrival Information

Wednesday, April 16, 2025

Students arrive at Luiseno School regular time

Items for camp may be put in the MPR

Bus will pick up students @ 10:30 am

Return to Luiseno

Friday, April 18, 2025 @ approx. 12:30am

at that time students will resume their regular schedule

The cost for Pali Institute camp is **\$455.00 per student**. Completed packets along with **first deposit of \$85.00** (checks made out to Luiseno School or credit card at <https://luiseno.myschoolcentral.com>) are **due by September 6, 2024** for camp attendance. **Balance payments of \$185.00 each will be due on 11/21/24 and on 3/3/25**. We would like all students who would like to go to attend regardless of circumstances. Fundraisers are planned to help lower the cost. If you have any questions about finance, please contact Mrs. Kern at Antonette.kern@leusd.k12.ca.us prior to turning in the packet.

The Location

Pali Institute is nestled in the pine-covered mountains of Southern California, located only minutes from Lake Arrowhead village. Pali students learn and unwind on our 74 acre property. Bordered by the San Bernardino National Forest, our program extends all that nature can provide. Pali provides direct access to nature with the comfort of quality accommodations and dining. We believe that we have created the perfect learning environment.

Curriculum

At Pali Institute we offer a customized program to suit your school's requirements. Educators can choose from our 30+ class modules, which are divided into three categories. Outdoor Education, Science, and Leadership. We are confident that our innovative curriculum will captivate your students, they will not even realize how much they are learning! A full-day schedule at Pali Institute consists of four modules, each 90 minutes in length. Some modules can be selected as a double session (180 minutes) for a more indepth learning experience.

Accommodation

Our authentic cabin environment accommodates up to 400 guests, with each cabin housing up to fifteen students and one Pali Institute instructor. Students sleep in cabins featuring solid wood built-in bunks, radiant floor heating, full bathroom and shower facilities, and last, but not least, an unlimited supply of pure Pali mountain spring water.

California Weather

We are prepared for all types of weather at Pali Institute. As an outdoor education program, the majority of our programming will be outdoors. Throughout the season the temperatures drop at night, so whenever your group is coming, be prepared for chilly temperatures with long pants and a sweatshirt or jacket. The snowy season can begin as early as November - so boots, beanies, jackets, and lots of socks are a must. The ground is snowy January through March, with the potential for fresh snowfall. We keep on top of the weather forecasts and road conditions, so if we encounter snow on a travel day we will work with your school administration to keep them updated of all conditions. We are located off the largest roads in the mountains and snow control is excellent along those highways. Any time that weather is a factor, we work with schools to change programming activities and schedules for the best and safest trip we can provide for your children.

Medical Staff & medication Procedures

Medications are taken very seriously at Pali. to ensure proper administration, all medication that your child uses on an ongoing basis and plans to use at Pali must be in its original pharmacy labeled bottle. Medication must be kept in the infirmary. The nurse keeps a log of daily medication on file. Students may not administer their personal medications. The only exceptions would be children who have asthma or anaphylactic allergies and should keep their inhaler or epi-pen, respectively, with them for emergency use. If you send up medication with your child that is not listed on the health form, please include a signed note listing each medication, its purpose, and required dosage.

Cuisine

Pali is very proud of our dining experience. In addition to creating tasty and nutritious dishes, our executive chef works hard to accommodate the dietary needs of all of the students by providing a large variety of delicious food choices. Our meals are designed to appeal to your child's taste buds as well as meet your expectations for nutrition. Vegetarian options will be available, provided we are informed of your child's preference on the health form ahead of time. Food allergies are taken very seriously at Pali. Although our chef does not cook with nut oils, we cannot guarantee that nuts have not been in the kitchen area. In severe cases, please ensure your child has an epi-pen and, if necessary, pack pre-made labeled mls with your child's name that will be stored in a refrigerator separate from the main kitchen.

Pali Camp Store

The camp store has a wide variety of items ranging from sweatshirts to lip balm. The Pali store is 100% optional and it is not a requirement that your child bring money. Our store sells Pali t-shirts, sweatshirts, hats, flashlights, stickers, and disposable cameras to capture memorable moments. Other Pali logos and glow-in-the-dark cabin items are also sold.

Communication & Visitation

Please be aware that your child will not have access to telephones or email during their stay. Parents are welcome to send a personal letter in the form of a fax to our main office at 909-867-1964 with your child's name and school information. Due to the stimulating instruction program, 24-hour supervision, and exciting evening programs homesickness seldom occurs. Please do not send your child with a cell phone or expect that your child will be calling home during their stay Pali institute. If your child brings a cell phone to Pali it will be taken away and given back to them at the end of the cmp. Parental visitation are not permitted while your child is at Pali. Outdoor school is a wonderful opportunity for a child to gain independence, and establish a sense of self-confidence.

Staff

Our highly-trained staff provided around the clock supervision and instruction in all areas of Outdoor Education, Science and Leadership. Our instructors possess a variety of science degrees and teaching credentials. In addition, we also have a full-time nurse (R.N./L.V.N.) living on-site, 24/7. With the Pali Institute team in place, your students are guaranteed to have a blast discovering the wonders of experiential education.

THREE STRIKE DISCIPLINE SYSTEM

1st Strike:

The 1st strike is a warning that is earned after a student repeatedly does not follow the policies set forth by their instructors. The student is clearly apprised of the consequences of continuing the actions and the three-strike system is reviewed. The adult issuing the strike will give a verbal warning and inform the Pali Leadership Team while the student writes down on the disciplinary form the reason the strike was given to him/her. Visiting teachers will be informed of all first strikes issued to students. We ask that you speak to your students regarding first strikes, informing them that you know what is happening and that it needs to stop.

2nd Strike:

When a student earns a second strike, the student writes down on the disciplinary form the reason the second-strike was given to him/her. They will have a meeting with their teacher and a member of Pali's Leadership Team. A Leadership Team member will then call the student's parent(s) or guardian(s), at which time the student will inform their parent(s) or guardian(s) about their behavior that has earned them 2 strikes. The student will also inform their parent(s) or guardian(s) that a 3rd strike may require the parent(s) or guardian(s) to pick up their student from Pali immediately. Finally, the Pali Leadership member and visiting teachers will discuss any further consequences, such as missing out on an activity or writing apology letters to those affected, which must be supervised by a visiting teacher.

3rd Strike:

Students that earn a third strike will be sent home. The director, teachers and involved staff will meet to clarify and further document the issue for Pali records. The student's parents will be contacted and may need to pick up their child. The student will be separated from the rest of the school, and if needed accompanied by a teacher to their cabin to pack their personal belongings. In some situations, there are automatic 3rd strikes. These include: pulling the fire alarm, dialing 911, fighting, hitting, punching or injuring another student, and utilizing any racial or hazing epithets. If a student presents a danger to themselves or to others, they will be removed from the program and sent home without a refund.

SAMPLE OF RULES AND CONSEQUENCES

Minor Violations Minimum Maximum Name Calling/excessive teasing/bullying Verbal Warning

1st Strike

Wandering without permission Verbal Warning 1st Strike

Repeatedly disrupting activities, not following directions, etc. Verbal Warning 1st Strike

Willful disrespect for the environment or throwing objects like rocks, snow, etc. in an unacceptable manner Verbal Warning 1st Strike

Foul language Verbal Warning 1st Strike

Refusal to cooperate with safety rules Verbal Warning 1st Strike

Repeated disruption in cabin after lights out Verbal Warning 1st Strike

Entering a cabin of the opposite sex for any reason Verbal Warning 1st Strike

Major Violations Minimum Maximum Toys/electronic devices at outdoor school (or other items labeled as contraband) 2nd Strike Sent Home

Causing or attempting to cause physical harm to another person 3rd Strike Sent Home

Causing or attempting to cause damage to Pali or personal property 3rd Strike Sent Home

Stealing or attempting to steal Pali or private property 3rd Strike Sent Home

Possession of a weapon or controlled substances 3rd Strike Sent Home

Sexual Harassment 3rd Strike Sent Home

Profanity/racial slurs/hazing/degrading comments 3rd Strike Sent Home

Pali Institute Packing List

5-day Session

(Warm Weather May-Sept.)

Water Bottle

Sleeping Bag

Pillow

4 pairs of underwear

6 pairs of socks

3 pairs of long pants

2 pairs of sneakers

(No Uggs, Converse, or similar shoes)

6 t-shirts & 2 long sleeve shirts

2 sweatshirts & 1 jacket

1 towel & face cloth

2 pairs of pajamas

Slippers (optional)

Sunscreen

Sunglasses

Toiletries & Lip Balm

Day Pack – Backpack

Flashlight

Money for Camp Store (optional)

1 Canned Good*

3-day Session

(Warm Weather May-Sept.)

Water Bottle

Sleeping Bag

Pillow

2 pairs of underwear

3 pairs of socks

2 pairs of long pants

2 pairs of sneakers

(No Uggs, Converse, or similar shoes)

3 t-shirts & 1 long sleeve shirt

1 sweatshirt & 1 jacket

1 towel & face cloth

2 pairs of pajamas

Slippers (optional)

Sunscreen

Sunglasses

Toiletries & Lip Balm

Day Pack – Backpack

Flashlight

Money for Camp Store (optional)

1 Canned Good*

For a Cold Weather Trip

(Oct.-May)

In addition to the items above

Beanie & Waterproof Gloves

Waterproof Rain/Snow Jacket

Wool Socks & Extra Socks

Waterproof Snow Boots

Long Underwear

Waterproof Snow/Rain Pants

**Pali Institute is organizing a can collection drive to support food banks across Southern California. If you are able to assist, we kindly request that you bring one can of vegetables or soup in your luggage, which will be donated to those in need.*



We Bring Textbooks to Life.

Unnecessary Items

To avoid the loss of valuable items, we strongly suggest that the following items remain at home: cell phones, video games, computers, portable music devices and other expensive electronics. The Pali Institute staff will confiscate all of the previously listed items upon your child's arrival. In particular, cell phones are not permitted at Pali as reception is almost non-existent and we find it distracts from the learning environment. As mentioned in the Important Information section, your child will not be permitted to call home during their visit. **Also, we cannot guarantee any of these items' safekeeping and will not replace them if lost.**

Electronic book readers such as the Kindle or Nook will be allowed provided they do not have the capabilities to access the internet, in other words they do not have Wi-Fi or 3G/4G connections. Please do not pack aerosol cans or any flammable items. **Any food, candy and electronic devices will be collected upon arrival, as we do not allow these items in the cabins.** We have found that students do not need more items than what is listed on the above packing list.

During our cold weather months there is a good chance of rain, snow or both. Located at 6,400 feet above sea level, Pali experiences colder weather and more intense sun radiation than its surrounding areas. We can get snowstorms as early as October and as late as mid April. Even when our days are warm and sunny, our evenings are guaranteed to be chilly if not cold. Because your child will be spending most their time outdoors, please help them pack the appropriate layers indicated on the packing list. A warm student is a happy student! Even during the coldest of weather, we experience stronger UV rays at our elevation and recommend sunscreen and sunglasses year around. Pali Institute recommends checking the weather forecast frequently prior to your visit. The weather can change drastically from day to day, and we want you to ensure that your child is properly prepared.

Running Springs Weather Forecast



We Bring Textbooks to Life.

STUDENT NAME _____ GRADE 7TH

SCIENCE CAMP STUDENT CHECKLIST

COMPLETED PACKETS ARE TURNED IN TO MRS. KERN.

_____ CHECKLIST COMPLETED AND INITIALED

_____ STUDENT OVERNIGHT ACTIVITY AGREEMENT

_____ PERMISSION SLIP FILLED OUT AND SIGNED

_____ \$85.00 NOW (CAMP TUITION IS \$455.00 TWO MORE PAYMENTS OF \$185.00 EACH ARE DUE ON 11/21/24 AND 3/3/25)

(PAYMENTS ARE DUE TO THE BOOKKEEPER IN CASH, CHECK OR CASHIER'S CHECK PAYABLE TO LUISEÑO SCHOOL OR CREDIT CARD. PAYMENTS CAN ALSO BE MADE AT [HTTPS://LUISENO.MYSCHOOLCENTRAL.COM](https://luiseno.myschoolcentral.com))

PLEASE PROVIDE A CURRENT EMAIL ADDRESS:

YOU WILL BE NOTIFIED WITH ON HOW TO FILL OUT YOUR STUDENT'S HEALTH INFORMATION ONLINE WHEN AVAILABLE.



Lake Elsinore Unified School District Student Overnight Activity Agreement

Students and parents will be asked to read, agree and sign the following form to participate in any overnight field trip, retreat, competition or activity connected with the Lake Elsinore Unified School District. The Lake Elsinore Unified School District believes that these guidelines should be followed to ensure that all students have a safe and enjoyable activity.

The student agrees to the following:

1. I am responsible for my own actions and will conduct myself in an appropriate manner at all times.
2. Since this is a district and school-sponsored activity, I will follow ALL district and school rules. I understand that all district and school rules will be enforced and appropriate discipline will be taken at school if any district and/or school rules are broken.
3. I agree to attend and participate in ALL scheduled activities and in the case of a problem; I am to clear my absence with my advisor in advance.
4. I agree to remain on the premises or with the group at all times; anyone leaving the "premises or site" or group without permission will be sent home immediately at the parent's expense and notice will be sent to the principal.
5. Out of respect for others and to allow everyone to feel safe, I agree to stay in my own room and out of the rooms of others. IF BOYS ARE FOUND IN GIRLS ROOMS OR GIRLS IN BOYS ROOMS, students will be sent home at the parents' expense and notice will be sent to the principal.
6. I will abstain from the use or possession of alcohol, tobacco, and other drugs while attending the activity. I understand that if alcohol, tobacco or other drugs are found in a room, everyone in that room may be subject to disciplinary action. I also understand that alcohol, tobacco or drug use will be treated the same as if I were on school grounds.
7. I agree to abide by all curfews.
8. If I have a cell phone, beeper or electronic media device, it will stay off during the activity and the district will not be responsible for any loss or theft of these devices.
9. I understand that in the event that I am staying in a hotel room, any additional expenses, such as telephone charges, room service, etc. will be my responsibility and will not be paid by the school.
10. I understand that violations of any of the above stated terms and conditions will subject me to immediate disciplinary action and I will have no right of appeal until returning from this trip. My parents/guardians will be notified and if necessary, will be responsible for my transportation home.
11. I have read and reviewed the LEUSD Discipline Policy provided.

As a committed participant in this overnight school activity, I understand the rules and regulations as stated above.

Student Signature _____ Date _____

As a parent, I understand the rules and regulations as stated above and will support the adult supervisors in the responsibility and judgment of caring for my child.

Parent Signature _____ Date _____



**LAKE ELSINORE UNIFIED SCHOOL DISTRICT
STUDENT VOLUNTARY EXCURSION/FIELD TRIP NOTICE/PERMISSION**

Luiseño School

Please print student name

Date of Birth

School

has my permission to participate in the following voluntary activity/field trip:
Pali Institute: Running Springs, CA

Departure Date & Time: 4/16/25@9:00am Return Date & Time: 4/18/25@ 11:30am

- I understand that the law states in California Education Code Section 35330, that the Lake Elsinore Unified School District, its officers, agents and employees are held harmless from liability or claims which may arise out of or in connection with my child's participation in this activity.
- In the event of illness or injury, I do hereby consent to whatever x-ray, examination, anesthetic, medical, surgical or dental diagnosis or treatment and hospital care are considered necessary in the best judgment of the attending physician, surgeon, or dentist of the hospital or facility furnishing medical or dental services.
- I fully understand that participants are to abide by all rules and regulations governing conduct during the trip. Any violation of these rules and regulations may result in being sent home at the expense of the parent/guardian.
- **I understand that all field trips begin and end at the school.**
- Transportation will be provided by:
 - District Bus District Chartered Bus District Van Parent
 - Other: Please describe _____
- **IMPORTANT** Note to Parent/Guardian: (1) All medications, excepting those which must be kept on the student's person for emergency use (EpiPen/Inhaler) must be kept and distributed by the staff; **I understand that it is my responsibility** to provide all medications and the proper documentation for each medication. (2) If any medications are to be taken by student, a medication authorization **MUST** be provided for each medication including over the counter medication. All medication will be provided by the parent in the original container with student name, medication name, dosage schedule and route, physician's name and date of expiration of prescription.

Parent/Guardian (PLEASE PRINT)

Best Contact

Parent/Guardian Signature

Date

This waiver is required for participation in athletics



DISTRITO ESCOLAR UNIFICADO DE LAKE ELSINORE
PERMISO/AVISO DE EXCURSIÓN VOLUNTARA DEL ESTUDIANTE

Luiseño School

Nombre del estudiante en letra de molde _____ Fecha de nacimiento _____ Escuela _____

tiene mi permiso para participar en la siguiente actividad/salida voluntaria:

Pali Institute: Running Springs, CA

Fecha & Hora de Partida: 4/16/25 @ 9:00am Fecha & Hora de Regreso: 4/18/25 @ 11:30am

- Yo entiendo que la ley dice en la Sección 35330 del Código de Educación de California, que el Distrito Escolar Unificado de Lake Elsinore, sus oficinas, agentes y empleados serán dejados a salvo de responsabilidad o reclamaciones las cuales pueden suceder con respeto a la participación en esta actividad.
- En caso de enfermedad o lesión, doy mi permiso a cualquier radiografía, examen, anestésico, diagnóstico o tratamiento médico, quirúrgico o dental y atención médica si es considerada necesaria por el médico, cirujano, o dentista a cargo del hospital o localidad donde los servicios médicos o dentales son ofrecidos.
- Yo comprendo muy bien que los participantes deben cumplir con todas las reglas y regulaciones que gobiernan la conducta durante el paseo. Cualquier violación de estas reglas y regulaciones puede resultar en que el estudiante sea enviado a la casa al costo de los padres.
- **Entiendo que todo paseo educativo empieza y termina en la escuela.**
- La transportación será proporcionada por:
 Autobús Escolar. _____ Autobús Alquilado por el Distrito. _____ Furgoneta del Distrito
_____ Vehículo Privado. _____ No aplica. _____ Otro: Favor de describir _____
- **IMPORTANTE:** (1) Todo medicamento, excepto los que el estudiante debe de mantener en su persona para emergencias (EpiPen/Inhalador) deben ser mantenidas y distribuidas por los empleados; **Yo entiendo que es mi responsabilidad** proveer todos los medicamentos y documentación adecuada para cada medicina. (2) Si el estudiante se tomará sus medicinas, una autorización médica **DEBE** existir para cada medicamento incluso medicamento sin receta. Todo el medicamento será proporcionado por los padres en el envase original con el nombre del estudiante, nombre de la medicina, la dosis, el horario y vía de administración, nombre del medico y fecha de vencimiento de la receta medicinal.

Padre/ Tutor (por favor imprima) _____

Mejor numero de contacto _____

Firma de Padre/ Tutor _____

Teléfono _____

Esta renuncia es necesaria para participar en atletismo